

ABN TOUR #28 Malta, Catania, Palermo, Naples

- Day 0 Depart USA ask your Coach for meeting instructions
- Day 1 Arrive Malta 23:00 fruit snack waiting for you
The BluBay Apartments are located on the boardwalk with everything you need feet away

- Day 2 7:15 buffet breakfast at restaurant
8:15 depart Bus to Hagar Qim, Mdina, Island tour with English speaking tour guide
13:00 Group Lunch near hotel
14:00 Free time to sleep/ swimming pool at hotel / hang out on the boardwalk/load up on snacks
17:00 bus to facility (30-40 min)
18:30 Match versus Malta's 18u National Team Players
20:00 International Pizza mixer with both teams attending
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- Day 3 7:15 buffet breakfast at restaurant
8:05 depart walk 15 minutes to Ferry Terminal Ferry boat to Valletta
9-13:00 Guided tour of the Walled city of Valletta
13:00 Group Lunch in Valletta
13:45 Choice... free time in city... (get back on your own).. or back to hotel for rest/swim/etc
Coach Baum will decide the fate of the players at this time
17:00 bus to facility (30-40 min)
18:30 Match2 versus a Maltese Select All Star Team 18u
20:00 ** there might be a fireworks display and festival in a little village, if so we will bus there and have dinner. If not, we will return to the hotel and you will be free to choose your own restaurant and food (15E stipend paid out in cash to each)

- Day 4 Free morning. Breakfast closes at 9:30!
Free to shop, swim, stay at hotel, ferry to Valletta, sleep..
12:00 **Ferry boat to Sicily... a trip you will never forget**
15:30 transfer to Hotel
16-17:30 free time (swimming pool at airport)... keep your bag packed, we are leaving in the morning
17:30 transfer to sports complex with a bit of city tour... 3 miles
19:00 match against host team Catania. Followed by international pizza mixer in the downtown area
- Day 5 breakfast 7:00 depart 8:15 bags loaded in the bus! Today you see Sicily
8:30-11:30 Bus and walking tour of Catania followed by lunch in the downtown.
Lunch is Sicilian finger food buffet
12:30 Bus to Palermo. A guide will join us as we Stop at Monreal Cathedral and Mount Pellegrino
Arrive 18:00 Hotel IBIS on the waterfront
Group dinner to be arranged in the old historical center.. 800 meters by foot

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- Day 6 breakfast 7:30 guided tour departs 8:30
Walking tour with guide of the historical district in Palermo...
12:00 lunch in the city center afternoon free to walk the long flea market, relax, soak in Sicily
16:30 bus to gym two matches back to back against local Sicilian teams
Matches followed by an international pizza mixer with the local host team (game 2)

- Day 7 breakfast by 9. Bus leaves at 9:15 to gym. 10:15 match (final game of 3)
12:30 bus will go directly from the gym to the famous beach of Mondello , North of Palermo.
Lunch is on your own at the beach boardwalk (stipend). We are considering a guide/translator
19:00 bus arrives Hotel Group Dinner in the city 20:30
- Day 8 Morning free. Breakfast by 9:30. Bus departs 11:45 to Palermo airport short flight to Napoli
Lunch on your own – we will arrange to go sandwiches from hotel
16:00 Arrive Downtown Garibaldi IBIS in Naples
17:00 walking tour of the city (Guided)
20:00 Group dinner near the hotel
- Day 9 breakfast 7:00 Bus departs 8:15
Bus to Mt. Vesuvius. Park.. guided walk to the top for those who can...
11:00 bus to lunch near the town of Pompeii
12:00 guided tour in the ruins of Pompeii..
15:00 return to Hotel
15:30 free time for gift shopping (you are next to huge central train station)
19:00 group dinner TBA time to pack... early bed?...
- Day 10 3:45am. Bus to airport
We are working on a breakfast to-go snack with the hotel
Plane departs 6:00.. have a safe trip... arrive LAX 3:05pm

A fantastic trip awaits to explore:

- the smallest country in the European Union. Size 122 miles/squared (Sacramento is 102 miles/squared)
- where the Popeye movie set was
- the oldest man made monuments on the planet (Turkey disputes)
- who and what the Knights of Malta were really about
- how were castle and city walls built and fortified
- a place where legend says Cyclops live in the Iliad?
- a place Julius Ceasar use to go on holiday?
- an old Roman amphitheater built in 200 AD
- the original home of the Mafia.. yes..THE home of the Godfather
- two volcanos. One of them the only active one in Europe
- the lost city of Pompeii
- the magic power of the red pepper
- real Sicilian Pizza
- real Napolian Pizza

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- the best coffee in the world
- oh yeah... and play 6 basketball matches
- (we won't discuss referees)

Travel Checklist & FAQ

TICKETING:

- ✓ You receive your ticket confirmation code on May 23 or 24. You may then add your frequent flyer miles, upgrade your seat, etc. It is then your ticket and your seat. (**Upload UNITED APP to your phone**)
- ✓ **You are expected to check in yourself for the flight to Malta**
- ✓ **The group tickets for the short flights are all done by ABN as one and cannot be manipulated.**
- ✓ If you are not Global Entry approved, download the US Customs mobile passport app. Saves time upon reentering.

BAGGAGE: Important!!!

- **DO NOT EXCEED 20 KILOS WITH YOUR LARGE CHECK IN BAG!!** YOUR FLIGHT WILL ALLOW YOU 23K, BUT THE SHORT FLIGHTS FROM MALTA TO CATANIA, AND PALERMO TO NAPLES ALLOW ONLY 20KG.
You are responsible for any extra overweight baggage charges.
- **YOUR CARRY ON CANNOT EXCEED 10KG.** They weigh in Europe! Your personal bag cannot be oversized.
You are responsible for any extra overweight baggage charges.
- **Pack light.** It is going to be hot. Maybe REALLY hot. One sweater or hoodie might be all you ever need.
I suggest you pack 16 kilos in your large bag so you can buy gifts up to 10 pounds

HOTELS:

- ✓ Hotels are demanding a deposit from ABN for our group. Any damage or charges to your room will be charged directly to you and payable immediately.
- ✓ **You may not charge items to your room unless you put up your own credit card** upon check in. To expedite check-in.. we are going to be handing out keys to rooms upon arrival, and you can come back after.
- ✓ Players will room according to the direction given by their coach. If there is an issue...talk to the coach
- ✓ There will be a swimming pool at 3 of the 4 locations.

PHONES:

- Phones are the newest target for thieves Do not leave on table tops. You are in high density tourist areas.
- T-Mobile gives free data and roaming. otherwise you should buy a plan with your carrier. ATT passport plan
- It is also easier to buy a SIM card if you expect to use the phone a lot and have a GSM capable phone

MONEY:

There are ATM's near all our hotels except Catania. The entire tour will be taking Euro's. Bring pocket money!
I will have a little bit of money to sell when you arrive. I will also buy back Euro's at the end.
You are responsible for snacks but we load up the bus with water and some fruit snacks on longer journeys

LAUNDRY:

- We are working on washing uniforms once we get to Sicily. The players will have 4 sets of uni's (6 games)

MONEY:

There are ATM's near all our hotels except Catania. The entire tour will be taking Euro's. Bring pocket money!
I will have a little bit of money to sell when you arrive. I will also buy back Euro's at the end.

PSS: **MALTA HAS AN ENGLISH SOCKET.. MUCH DIFFERENT THAN A EUROPEAN SOCKET... BUY An adapter=**